## Transplant Unwrapped Ambassador Participant Guide

Thanks for Signing-Up to participate in the Transplant Unwrapped Ambassador Program. Please review this guide to become familiar with the program and the next steps.

#### What is the Transplant Unwrapped Ambassador Program?

The purpose of the Transplant Unwrapped Ambassador Program is to provide peer-to-peer information and emotional support (not medical advice). The goal is to offer a network to those going through the complex medical journey of intestinal disorders, encouraging patients and caregivers to stay active and engaged in their care and feel well-supported across the short bowel, intestinal failure, intestinal rehabilitation, and intestinal and multivisceral transplantation community.

As experienced intestinal patients and caregivers, Transplant Unwrapped Ambassadors give patients and caregivers an opportunity to express feelings, talk about concerns, and ask questions of someone who has been there, such as coping with diagnosis, treatment, and medication side effects. Most importantly, Transplant Unwrapped Ambassadors offer understanding, support, and hope because they themselves, or their loved ones, have navigated the complex intestinal world. Please note, Transplant Unwrapped Ambassadors do not provide medical advice.

## Who can participate in the Transplant Unwrapped Ambassador program?

Transplant Unwrapped supports patients and their loved ones wherever they are in their intestinal journey:

- Patients and their loved ones diagnosed with intestinal dysfunction, such as Short Bowel Syndrome (SBS), Intestinal Failure, or Chronic Intestinal Pseudo Obstruction (CIPO).
- Parents of children born with Short Bowel Syndrome (SBS) or other causes of intestinal failure, such as Chronic Intestinal Pseudo Obstruction (CIPO).
- Patients and their loved ones embarking on the path of intestinal rehabilitation.
- Patients and their loved ones moving forward on the journey of intestinal and multivisceral transplantation.
- Parents of children facing intestinal rehabilitation or transplantation.
- Patients seeking guidance in coping with chronic illness.

## Participant Steps

0 1

Complete the participation form. Redirect to the page with Ambassador contact information.

Intermediate Step TU Ambassador leader will send you a welcome email. Mark **ambassador@transplantunwrapped.org** as safe.

0 2

Send email appointment request to Ambassador. **Email subject:** Ambassador Participant Request.

03

Wait for a return email which should come *in 5 business days.* If this does not happen, email ambassador@transplantunwrapped.org with the subject: "No Ambassador Contact."

04

Your Ambassador will provide a few dates and times to schedule and have your call. You can decide if you want continued communication after the intro call.

#### A Two-Way Street!

Transplant Unwrapped Ambassadors are just like you, they are patients and caregivers who may be experiencing their own medical difficulties. Please be respectful if scheduled calls may need to change, or if an Ambassador cannot schedule at a particular time. We are in this together!



# Transplant Unwrapped Ambassador Leadership



**Director of the Transplant Unwrapped Ambassador Program:** Melinda Nelson

Melinda Nelson is a resiliency expert, life coach, and multivisceral transplant recipient. Melinda was born with Chronic Intestinal Pseudo-Obstruction Syndrome (CIPO) and spent 36 years on TPN. She is also a caregiver/mom now raising a child with the same disease.



As director of the Transplant Unwrapped Ambassadors program, Melinda helps to connect "experienced" patients/caregivers with those who are new to the intestinal world. Because she has experience being "both" the patient and a caregiver, she "truly" understands transplant, intestinal conditions, and living with a chronic illness.

#### **Contact Information:**

**Email:** melinda@transplantunwrapped.org

## **Transplant Unwrapped Ambassador Leadership**

### **President and Founder of Transplant Unwrapped:** Kayla Pfab

Kayla is the President and Founder of Transplant Unwrapped. She has received two transplants, including an isolated intestinal transplant in November of 2015 and a modified multivisceral transplant (stomach, pancreas, duodenum, and small intestine) in February 2019. Kayla has her Bachelor's degree in Health Sciences from Duquesne University and was pursuing her Master's in Physician Assistant Studies when she became too ill and required transplantation.





Kayla has a passion for helping others and truly believes the education of both patients and clinicians can lead to better care and outcomes. Kayla currently lives in Dallas, Texas with her family. In her free time, Kayla enjoys going on long walks, baking, and traveling. Kayla helps to support and coordinate the Ambassador program. Feel free to contact her with any questions you may have about Transplant Unwrapped, intestinal failure, or intestinal and multivisceral transplant.

#### **Contact Information:**

Email: <u>kayla@transplantunwrapped.org</u>

Cell: (804)-516-5034

## Have Questions? Contact us.

Melinda Nelson, Director Transplant
Unwrapped Ambassador Program
Email: melinda@transplantunwrapped.org

**Kayla Pfab**, President and Founder Transplant Unwrapped **Email:** kayla@transplantunwrapped.org

## **Transplant Unwrapped Information**

Address: 6717 Palermo Trail, Flower

Mound, TX 75077

Email: info@transplantunwrapped.org

Website: www.transplantunwrapped.org

**501(c)(3) EIN:** 85-0748376

### Please Be Advised of What the Transplant Unwrapped Ambassador Program Does Not Do:

The information and support provided by a Transplant Unwrapped Ambassador is for general information and support purposes only. It is not designed nor intended to replace nor constitute the giving of case-specific or other medical advice, treatments, or diagnosis. Transplant Unwrapped Ambassadors will not recommend a particular rehab or transplant center or surgeon. Any information provided will be general information and personal experience. The Transplant Unwrapped Ambassador Program follows the Transplant Unwrapped terms of use and disclaimer policies. Please review for more information.

